



EAST IRONDEQUOIT CENTRAL SCHOOL DISTRICT  
 ATHLETIC DEPARTMENT  
 2350 EAST RIDGE ROAD  
 ROCHESTER, NY 14622

(585) 339-1450 • FAX (585) 339-1425  
<http://eastiron.org>

**Mary E. Grow**  
 Superintendent of Schools

**John D. Abbott**  
 Deputy Superintendent

**Kyle Vacanti**  
 Athletic Director  
 (585) 339-1490

[Kyle\\_Vacanti@eastiron.monroe.edu](mailto:Kyle_Vacanti@eastiron.monroe.edu)

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Dear East Irondequoit Parents and Student-Athletes:

On Friday, September 4<sup>th</sup>, the New York State Public High School Athletic Association (NYSPHSAA) released a comprehensive document relative to the Fall, 2020 athletic season. Within said document, sport specific guidelines and regulations were given that school districts must adhere to in order to offer athletics.

On Wednesday, September 9<sup>th</sup>, NYSPHSAA announced that all fall sports deemed “high-risk” by the New York State Department of Health (NYSDOH) (ie; Football, Volleyball, Competitive Cheerleading) were being postponed to a start date of March 1, 2021. The remaining “low” and “moderate” risk sports, however, remain eligible to begin this fall season.

The East Irondequoit CSD, along with the rest of the Monroe County Public School Athletic Conference (MCPSAC) schools, took the time to analyze and digest this information in order to formulate the most appropriate, and safest, plan for our student-athletes. In doing so, we are excited to announce that we will begin practices for the “low” and “moderate” risk fall sports on **Monday, September 28<sup>th</sup>** at the **Varsity and Junior Varsity** levels only.

**Eastridge Fall, 2020 Sports Offerings:**

<b>Girls Soccer</b>	<b>Boys Soccer</b>	<b>Girls Swimming</b>
<b>Cross Country</b>	<b>Girls Tennis</b>	<b>Field Hockey</b>

**We will NOT be offering a modified athletics option at this time.** Details regarding a modified sport opportunity in a safe and manageable manner will be announced at a later date.

As we prepare to provide the opportunity for our student-athletes to get back in action, we wanted to share the following very important information to you:

- **Our registration platform, Family ID, is now open.** Please follow this link for detailed instructions: [Athletic Recertification](#). **Please note:** There is a very short window of time between now and the start of practices. It is imperative that student-athletes are registered quickly to allow our nursing staff ample opportunity to evaluate and clear them prior to the start of practices.
- If your son/daughter has a physical on file from 2018 until now, you do **NOT** need to have a physical for the Fall, 2020 athletic season. **HOWEVER**, we strongly encourage our student-athletes to get an updated physical during one of our **FREE** opportunities next week at Eastridge HS. Student-athletes must come with a properly filled out parent permission form (available for pick-up in the nurses’ or athletic office) or they may come with a parent to fill out the form onsite. **ALL DISTRICT COVID PROTOCOLS WILL BE FOLLOWED**
  - **Tuesday, September 15<sup>th</sup> – 5:00-7:00pm**
  - **Wednesday, September 16<sup>th</sup> – 5:00-7:00pm**

- Students can participate in athletics whether they are hybrid or virtual learners.
- We will be offering limited transportation opportunities for students participating in athletics. Details will be explained at a later date. It is **highly recommended** that parents provide transportation to and from campus for practices/games to help lessen the strain on the Transportation Department.
- Practice times for all sports and levels are TBD.
- Per NYSDOH: Players, coaches, officials, event personnel and only **two spectators per player are allowed for contests**. East Irondequoit CSD, in conjunction with MCPSAC and Section V, will develop procedures to assure that only two spectators per player are in attendance. These procedures will be communicated through our athletic department and coaches. **The two spectators per player will be strictly enforced.**
- **All district COVID safety procedures will be followed for both practices and games.**
- In order to alleviate the burden on families and friends of not being able to attend games, the district will be livestreaming more contests than a typical year.

We continue to live in some very challenging times, and while this Fall does not look like any we have seen in the past, the East Irondequoit CSD is committed to providing the most opportunities for our students while keeping their health, well-being and safety as paramount. While we are very excited to offer athletics this fall, we understand that you may have questions. Therefore, an informational community forum will be presented on **Thursday, September 17<sup>th</sup>** at **6:00pm** to discuss the landscape of how sports will look and hopefully answer any questions you may have. You can access the forum through the following link ([Eastridge Athletics Community Forum](#)). In addition, should you have any specific questions you wish to be addressed, we ask that you ask them in advance through the following form ([Return To Interscholastic Athletics Questions](#)) before Tuesday, September 15<sup>th</sup>. We will not accept any additional questions after that.

As we move forward, we encourage you to please stay in tune to all district communications as well as our new unveiled website (<https://eastirondequoiths.schoolteams.com/>) and twitter account (@ERidgeLancers). We will publish new information via these channels frequently.

We look forward to seeing you next Thursday. Stay safe!!

Thank you,



Kyle Vacanti  
 Director of Health, Physical Education, and Athletics  
 East Irondequoit CSD  
 2350 East Ridge Road  
 Rochester, NY 14622  
 585.339.1490 (Office)  
[kyle\\_vacanti@eastiron.monroe.edu](mailto:kyle_vacanti@eastiron.monroe.edu)  
 Twitter: @ERidgeLancers